



Cabella International Sahaja School

Shri Mataji Nirmala Devi Sahaja Yoga World Foundation

SCHOOL PROSPECTUS

(Project for an English-medium, Sahaja Yoga school in Cabella)

1. Introduction

The Cabella International Sahaja School is a values-based, English-language, international, boarding school, inspired by the teachings of H.H. Shri Mataji Nirmala Devi and the practice of Sahaja Yoga.

The school is located in Cabella Ligure, Italy, and, when it is fully operational, will be open to children aged from 6 to 12 years old. It operates under the auspices of the Shri Mataji Nirmala Devi Sahaja Yoga World Foundation, an organisation which believes that the education of our children is one of the keys to creating a better world.

The Foundation is officially recognised by the Italian authorities and is listed in the regional register of judicial entities of Piemonte (prot. no. 747).



Shri Mataji Nirmala Devi
Founder and Benefactor

2. School Charter

Vision

Our vision is of an educational environment in which childhood is valued and respected, which harnesses the innate spiritual potential of children and allows them to grow up and develop in their own time, free from the artificial pressures and constraints of modern society. We see children as individuals with a profound sense of their own worth yet, at the same time, mindful of their responsibilities towards their family, their community and the world at large.

Mission

Inspired by the teachings of H.H. Shri Mataji Nirmala Devi, our mission is to create an institution for children of Sahaja Yogi families around the world which provides for the protection of their innocence, for the development of their personality and for their academic advancement in a pure, ethical and spiritual environment. We aim to facilitate their development into responsible members of the community who share a vision of an enlightened, world-wide human family, owing allegiance to one almighty God and living together in peace and harmony.

Values

Our mission is underpinned by a belief in the need to nurture in children:

- innocence and wisdom
- creativity and spontaneity
- inner-balance and inner-peace
- righteousness and self-discipline
- compassion and fearlessness
- collectivity and detachment
- humility and forgiveness
- joy

3. Origins

Over the past 20 years H.H. Shri Mataji Nirmala Devi has established several international schools around the world, including India, Australia and the USA. More recently She suggested making use of Cabella as a centre for education in Sahaja Yoga. On this basis, in 2008, the World Foundation set up a boarding facility in Cabella for international students who, under an agreement with the local Italian authorities, attend the local primary school. The Cabella International Sahaja School is the natural evolution of this project. It is also a direct response to Shri Mataji's solicitations to provide our children with an education in which English is the main language of instruction and where the cultural focus is international rather than local.

Cabella International Sahaja School is now in its second year. It is a young but already well-established, dynamic and professional school.

4. Legal Status

The Cabella International Sahaj School operates as a home-schooling project. As such its pupils are officially registered with the Local Education Authority, which assumes responsibility for monitoring the progress of the children and ensuring that their development conforms to national standards.

5. Learning Ethos and Curriculum

The Cabella International Sahaj School embraces the shift towards seeing the teacher's role as one of setting up learning experiences in which pupils are active and have a degree of control over the work they undertake. This move away from a passive acquisition of knowledge towards activities which enable pupils to develop intellectual and social skills in learning, fosters greater creativity, confidence and self-esteem.

We also believe that too much autonomy can over-stimulate the ego in children and upset that delicate equilibrium between innocence and knowledge, which lies at the very foundation of a child's overall well-being and development. We therefore aim to generate a learning ethos that offers a balance between active learning and the acquisition of knowledge based on teacher presentation, exposition and demonstration.

We believe that this ethos is fulfilled by the implementation of the International Baccalaureate Primary Years Programme. It offers a curriculum which is appropriate and relevant internationally, as well as culturally sensitive.

We follow the Scottish curriculum for Mathematics and English and the International Primary Curriculum for all other subjects. The IPC is a very motivating curriculum based on an active approach to learning. The content is appropriate and relevant internationally, as well as culturally sensitive (www.internationalprimarycurriculum.com).

The teaching of Sahaj Yoga is integrated with the teaching of other subjects like science, civics and personal and physical education as part of a holistic and interdisciplinary approach.

6. Language of Instruction

The language of instruction will be English. Italian will be taught as a second language.

7. Teachers

The school has an excellent team of teachers and educators, all of them established Sahaja Yogis, committed to the subtle, human, intellectual and physical development of the children and to their own professional development.

8. Boarding Facility

Pupils attend class in the new school building in Cabella where they are followed by the teaching staff. After school and at the weekends they are housed in the residential facility of Centrassi where they take part in extra-curricular activities such as sport, theatre, cooking, singing etc. Outside of school hours, the children are looked after by a team of Sahaja Yogi aunts and uncles who operate under the leadership of the Housekeeper, who has extensive experience in working with children in a Sahaja Yoga environment. She is responsible for ensuring that the people dealing directly with the children are properly trained, as well as overseeing the day-to-day running of household affairs. She reports to the Hostel Manager who has overall responsibility for ensuring that the environment for the children is safe and healthy and that it promotes Sahaja Yoga values and culture. The Hostel Manager answers directly to the Principal

9. Health & Hygiene

The school works with a full-time, residential nurse who is responsible for developing and implementing the health plan of the school and supervising the school diet. Children are taught the basics of personal care and hygiene and school staff is provided with training to support the management of children with healthcare needs. Parents are fully involved in healthcare decisions regarding their children.

10. Calendar and Holidays

The Cabella International Sahaj School follows the European scholastic calendar and, as such, children return home for holidays during the Christmas, Easter and summer breaks.

11. Admission

- Only children who have their 6th birthday before 30th April should apply for admission to year 1.
- Due to visa restrictions, for the moment, only children with the right to reside in the Schengen area can be admitted.
- Admissions for year 2 and 3 will also be considered.

12. School Fees

Fees for boarding and tuition are fixed at € 5,650, payable in one lump sum at the beginning of the school year or, for a small supplement, in three instalments spread over 9 months.

13. Application Procedure

Please return the forms below to us by fax (+ 39 0143 99 123) or email (rosario.guzzetta.csps@gmail.com):

- Application Form
- Delegation of Authority Form
- Copy of the passport of the person signing the Delegation of Authority Form

Enrolment application forms can be downloaded from www.cabellaschool.org/enrolment.html.

PLEASE NOTE that if your application is accepted, we will officially offer your child a place in the school and invite you to complete an enrolment form. Only once we have received an appropriately signed enrolment form will your child's enrolment be confirmed.